



HOUSE RULES for GUESTS

**Please read these to your guests in your first meeting as a group on Arrival Day.

First and foremost we hope you have a wonderful experience at 42 Acres and that you feel free to enjoy the space fully. These 'rules' for want of a better word are borne out of our experience and we hope they may also be helpful in the smooth running of your retreat. We ask that you may care for the house and land as if it is your own so that it may flourish and continue to be enjoyed by many.

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Please attempt to leave everything as you found it.

If you move furniture around please return it to its original place.

Please keep indoor furniture indoors, and outdoor furniture outdoors.

Please return books to where you found them.

Please keep all food and drinks other than water in the Kitchen & Dining areas.

Please keep blankets and cushions (including meditation cushions & yoga mats) inside.

Please try to be energy conscious and keep windows closed when the heating is turned on/ switch lights off whenever you leave a room.

We have provided small torches for your use around the property. Please remember to put them back when you leave, so that other people can enjoy using them too. Do let us know if any batteries need replacing.

There is a designated smoking area outside the double doors in the Reception. Please ensure all cigarette butts are disposed of in the large ceramic pot provided. (Next to the wooden carved 'Smoking God').

In case of an emergency, the Fire Assembly Point is underneath the two oak trees, directly outside the double doors in the Reception.

Please do not use candles or incense in the bedrooms. Candles are only permitted to be used in the kitchen and group room. All candles must be used with holders. We have provided tea lights with holders for your stay. You will find them next to the fireplace in the Group Room.

Please extinguish all candles after use. Especially at night and on Check Out.

Please switch off the hot water urn in the kitchen when you go to bed and on check out.

Please let us know about all breakages and damages (no matter how insignificant it may seem), so that we can fix, clean or replace it.

Please let Mark or your practitioner know ASAP if something is not working OR if there are any breakages / damages.

Please strip the beds and put the linen & towels in a pile next to the bed on leaving.

Please close windows and turn out lights in your bedrooms on leaving.

Thank You.